

MY LUNCH MY WAY

ON A FRESH FOOD MISSION

THE

KITCHEENEERS

LUNCH

WEEK 2

W/C 08/09, 29/09, 20/10, 10/11, 01/12, 12/01/ 02/02

EAT WELL LIVE NICE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Dirty Creamy Mac'n'Cheese 	Cottage Pie & Mash	Chicken Shawarma, Chips	Thai Coconut Chicken Curry   , Rice	Oven Baked Battered Pollock & Chips
MAIN 2	Sweet Potato & Bean Jalfrezi, Rice  	Creamy Mushroom Pasta 	Roasted Vegetable Shawarma, Chips 	Loaded Massaman Curry   , Rice	K-Dogs & Chips  
REAL FOOD FAST	Mexican Chimichurri Wedges  	Spicy Beef Noodle Broth 	Roast Chicken Wrap	Loaded Punjabi Masala, Wedges  	Red Pepper Pizza 
VEG	Sweetcorn 	Garden Peas 	Fresh Carrots & Swede 	Broccoli 	Peas & Carrots or Baked Beans 

MEAL DEAL – MAIN MEAL & DESSERT + Drink

ONLY £2.68

AVAILABLE DAILY

Jacket potatoes with a choice of two toppings, mixed salad bar & deli grab & go offer (V/VE options available).

DESSERTS

Choice of fresh seasonal fruit  (cut or whole), flavoured yoghurts  or dessert of the day.

MENU KEY



Vegetarian



Vegan and Planet Friendly



New Dish



Spiced

