

Leytonstone School Newsletter

Summer Term 2024



Dear Families,

We have come to end of another amazing year at Leytonstone School. This term has been particularly busy we have celebrated pupils in their award assemblies and at our annual Leytonstone Family Values evening, had multiple trips out such as Y10 stubbers, had a very successful sports day and bid farewell to our wonderful Y11s to name but a few things.

We hope everyone has the best summer break and we look forward to seeing you all in September.

We say a very sad farewell to Ms. McQuaid

The end of this academic year also sees the departure from the school of our Head Teacher Ms. McQuaid, as she moves on to take on a new challenge as 'Head of School Performance & Partnerships' for the London Borough of Barking & Dagenham.

Ms. McQuaid has had a huge positive impact on the school in her five years as Head. Under her leadership we now enjoy a school that is financially secure, has a compassionate and inclusive school culture, a strong framework of policy and procedure to work within and sound foundations laid for further improving standards and attainment. She has achieved all this despite having to simultaneously navigate unprecedented challenges - with covid, floods, fire and a cyber-attack to name but a few!

Ms Mcquaid brings commitment, integrity and humanity to everything that she does and will be sorely missed by governors, staff, and pupils alike. I'm sure that everyone will therefore join me in thanking her for her dedication and hard work during her time at Leytonstone and wishing her every success in her new role.

Finally, on behalf of the Governing Board I'd like to thank all staff and parents for their continued support of the School and its pupils, and to wish you all a wonderful summer.

All the best

Fiona Sinclair (Chair of Governors)

Academic Year 2024-25

Looking forward the Governing Board are very pleased to inform you that after a long and intensive recruitment campaign we have decided to appoint Mr Julian Onyelekere as the new Head Teacher for Leytonstone School. He'll be joining us in November but in the interim the School will be in the very capable hands of Deputy Head Lynne Tanswell who will be moving into an Acting Head Teacher Role for this period. A big thank you to Ms. Tanswell for taking on this important responsibility.

Forthcoming Dates—2024

Monday 2nd September—INSET Day

Tuesday 3rd September—INSET Day for Y8-Y11, Y7 in from 12:30pm.

Wednesday 4th September—All year groups in from 8:30am

Wednesday 11th September—Y7 Partnership Evening

Thursday 12th September—Y11 Partnership Evening

Wednesday 18th September—Y8 Partnership Evening

Thursday 19th September—Y9 Partnership Evening

Wednesday 25th September—Y10 Partnership Evening

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Farewell to our amazing Year Elevens

On Friday 28th June, the annual Year 11 Presentation Evening was held in the Sports Hall. This event signified the end of the Year 11's journey at Leytonstone School and the atmosphere was both emotional and celebratory. Our Year 11s had the opportunity to receive their Graduation Certificates in front of friends, families and staff, as well as a select few receiving prestigious awards for specific subject areas, or being recognised for pastoral accomplishments.

It was heart-warming to see so many pupils enjoying their moment on the stage accompanied by well-deserved applause from the audience!

I would like to thank all families and staff for making this evening such a wonderful experience for the pupils. I'd also like to commend the pupils on their professional conduct and the infectious energy and positivity that they have exhibited throughout this important year.

We will miss them dearly.

Julia Westbrook and the Year 11 Team



Y11 Art Exhibition

The year 11 GCSE artists had their final exhibition in June.

This exhibition shows a selection of art works from the students coursework and exam final pieces.

The collection features a wide range of mediums which showcase just how talented these students are.

Work has been inspired by such topics as 'Fantastic & Strange', 'Portraits & Identity', 'Light & Dark' and exam questions; 'Fragments', 'Celebration', 'Curved & Straight', 'Integrate', 'Places & Spaces' and 'Image & Word', all of which you can see in their responses.

Materials explored have included, monoprinting, watercolour and acrylic painting, ceramics, oil painting, subtractive tone charcoal work, ink and wash amongst many others.

We think you will agree that all the work is inspiring and we are so proud of all the students for their hard work, creativity and development of their own unique style. We know they will go far and



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Global Ambassadors Bake Sale

The Global Ambassadors organised a multi-cultural bake sale to support the charity Iman First, which helps children in need in Ethiopia. A huge thank you to all our young enthusiastic bakers, who showed off their amazing baking skills. Thank you to all the family members that helped them as well and the staff who also baked. They raised £163 for the charity.



'Expressing the spiritual ' RE Project.

As part of the year eight RE curriculum, pupils have looked at different ways that religious and non religious worldviews express their idea of spirituality and meaning through art and music. Pupils were then given the chance to create their own expressions of spirituality, and they created some beautiful and moving pieces! Those shown here have been inspired by Buddhist sand mandalas, Christian stained glass windows, and even the Big Bang

Y8 French Café

On Thursday 11th July, our Y8 pupils all got the chance to experience a French café. They ordered food and drink in French and relaxed at the café with their friends! Ms. Bouqanter and Ms. Sinclair were so thrilled with how enthusiastic our pupils were, making an extra effort to use French that they have learnt this year to order food and chat to us and their friends.

C'était une expérience magnifique!



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Y7 Places of Worship Trip

At the end of March the whole of year seven visited a local church, mosque and Gurdwara to learn about their charity work and the facilities they provide for the local community. This was leading up to a piece of work investigating whether religious believers should sell their places of worship in order to help support the poor. The pupils were fantastically behaved despite the long walk in the rain, and had some excellent questions for the religious leaders. The people at the Gurdwara were even kind enough to give us snacks as part of the langar - the free community kitchen provided to all, regardless of religion or status.



Spanish Salsa Lessons!

This half term year 7 came down to the hall to have a Cuban salsa lesson with our instructor Janier.

The lesson was mainly in Spanish and the students were brilliant at throwing themselves into the new dance style, following the moves and showing off their salsa steps at the end of the session!

¡Arriba arriba!



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Y10 Tapas Trip

This half term our Y10 Spanish students had the opportunity to visit a tapas restaurant in central London. They practiced their Spanish and got to try some traditional dishes!

Here is an excellent summary of our trip written by Jack Gillman 10S.

Resumen de nuestro viaje a un restaurante de tapas

Fuimos a un restaurante de tapas de Barcelona cerca de la calle de Liverpool, en el centro de la ciudad. Fuimos el viernes pasado en el tren, y tuvimos que ir rápido porque había una excursión escolar después de las tapas.

La comida era increíble. Hemos probado muchos platos diferentes, como el pan con tomate y las croquetas de pollo. Mi favorito fue las albóndigas y me encantó la sangría **sin** alcohol. El restaurante era muy bonito porque había muchos azulejos hermosos y el edificio no era diferente a un restaurante tradicional en Barcelona.

Lo pasamos bomba dado que toda la comida era rica, mis amigos me hicieron reír mucho y los profes (Señorita Sinclair y Señor Dhanda) eran muy simpáticos y generosos. Fue divertido porque hablamos con los camareros en español y experimentamos una pieza de la cultura en España.

English translation

We went to a tapas restaurant near Liverpool Street, in the center of the city. We went last Thursday by train and we had to go quickly because there was a school trip after tapas too.

*The food was incredible. We tried lots of different dishes like 'pan con tomate' and chicken croquettes. My favourite was the meatballs and I loved the **alcohol free** sangría. The restaurant was very pretty because there were lots of beautiful tiles and the building was no different to a traditional restaurant in Barcelona.*

We had an amazing time given that all of the food was delicious, my friends made me laugh a lot and the teachers (Ms Sinclair and Mr Dhanda) were very kind and generous. It was fun because we spoke with the waiters in Spanish and experi-



Leytonstone School Model United Nations

The Model UN club ended the academic year with a super successful General Assembly. This was led by Y10 pupils who were overseeing the event, whilst our pupils from across KS3 acted as the General Assembly. The pupils who took part really made the school proud with the professional performance they demonstrated debating and attempting to resolve the sensitive topic of the Israeli-Palestinian conflict. It was a fantastic event and shows our schools commitment to raise the oracy of our pupils.



Year Ten charity Work

Five Year 10 pupils completed a 20 mile sponsored bike ride in July to raise money for solar lights for schools in South Africa, with the charity Waltham Forest Thuso in South Africa.

The pupils involved were Rafet Taylor, Ryan Omasta-Milsom, Peter Bellamy, Seth Moreton and Fraser Treglown-Smith. So far they've raised over £1000, which is a great effort.



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Y10 Science Trip to UCL

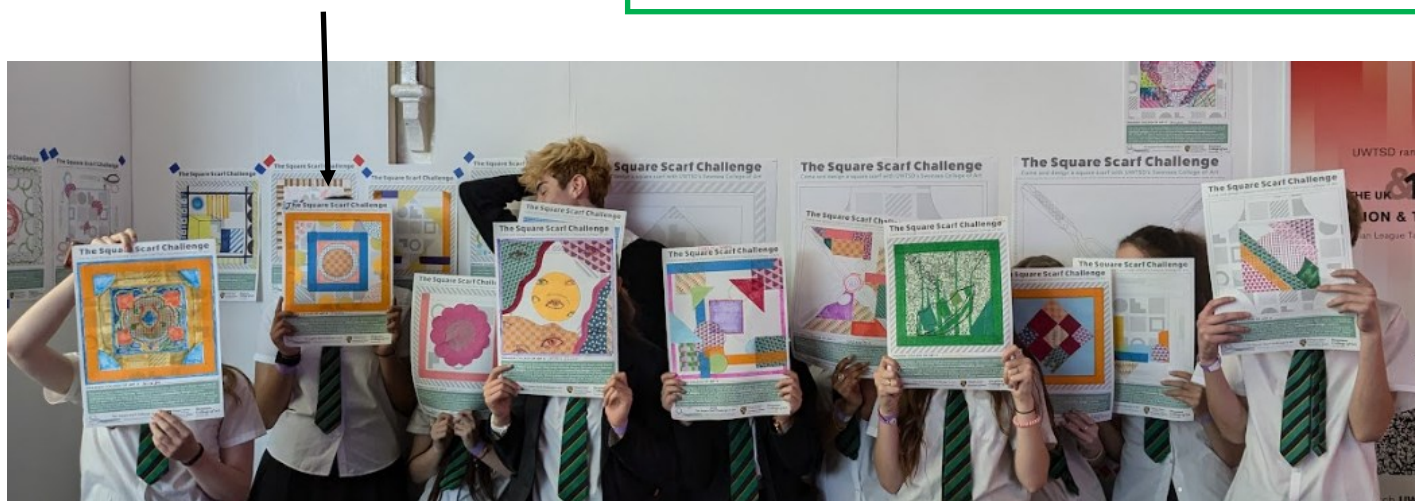
The UCL trip was absolutely amazing and once again, Leytonstone School students made us proud. They took part in a focus group for launching a new national challenge on ocean health, where they made excellent contributions. They also took part in a wearable tech clothing workshop, where Eleni and William shone with their invention of a wearable heat sensor, Peter with his amazing sewing skills and Luis with his team work and can-do attitude. Hopefully, they will be completing a prototype by the end of the year. Last but not least, we were given a tour of the cutting edge UCL labs, which was the highlight of the day for the pupils... but more so for teachers.

Y10 Textiles New Designer Trip

For the second year running, our year 10 pupils had the opportunity to visit the exhibition, and take part in a print design workshop run by UWTSD Swansea College of Art.

Visiting the exhibition had a positive impact on last years GCSE textiles pupil projects, and it was clear to see that the current year 10s were as equally inspired.

Winning design by Tasha!



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Royal Academy Young Artists' summer show

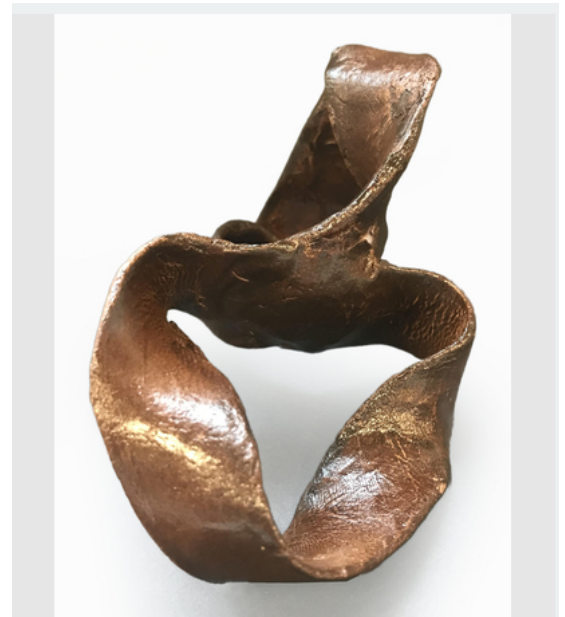
Wonderful year 7 pupil **Jackson Selby** entered the competition to show work in the RA summer show. There are thousands of entries, so tough competition.

He not only won a place in the online exhibition, but will also have his work in the famous gallery. He attended a special private view with his family.

What an achievement!



‘More than 21,000 students participated this year, thanks to the commitment of teachers, parents and guardians who are championing the role of art in education. Our judges were overwhelmed by the insight, imagination and inspiration in the artworks they saw as they selected the 510 artworks now exhibited



Contemplation
Jackson, Age 12

Y10 DFord Design Camp

On the 20th and 21st June, the above Year 10 students attended the Dford design camp. This is our third year working with DFord.

Over the two day sessions, the design students work with the designers from Dford on a range of different activities ending with a problem solving project where they had to identify a problem people might have when using a car and then coming up with a solution. Pupils sketched and modelled their ideas and then presented their ideas to the group.

The pupils all gained an understanding of how designers work in industry. They also use the skills they have developed over these two days in their coursework and future endeavours.



Year 8 Mock Trial

To end the final unit this term, An Inspector Calls, 8 Fir put on a stellar performance of a Mock Trial that lasted 100 minutes! We had every member of the class playing a role, from prosecuting and defense lawyers, to jurors, to witnesses and even a couple of reporters! I was at the edge of my seat for most of it- it was better than an episode of Suits or Law & Order! Bailiff Hugo took his role very seriously, even handing L3 sentences for anyone who was found in contempt! A special shout out to Cerys (Mr Birling), Florence (Prosecuting Lawyer) and Hashim (Defense Lawyer)! Their arguments were phenomenal and Hashim in particular was very quick witted. Also a commendable shout out to Alf, our resident judge who kept proceedings ticking over smoothly.



Y9 Art Trip

Future GCSE artists in year 9 visited the Young V&A this term (used to be called The Museum of Childhood). They saw the exhibition 'Japan; Myths to Manga' and had a wonderful day. They all behaved beautifully and we are enjoyed the exhibition. The Young V&A is up for museum of the year this year; so try to go yourselves this summer.



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Macbeth Lively Action Workshops for Year 10.

We had four workshops taking place on Wednesday with the Globe Theatre team. Year 10 English students took part and performed as Lady Macbeth and Macbeth. The students were really engaged and it was great to see their confidence and acting abilities in these sessions. They did amazingly and had a good time!



Royal Society- Science Exhibition

The year 10 pupils absolutely loved the trip to the Royal Society, where we were fortunate to meet and talk to some scientists currently working on cutting edge science. Including, atom by atom engineering, future of vaccines and using UV to treat eye infections. The pupils represented us in the best light by engaging in very meaningful conversations with the scientists. It has also ignited a newfound love for science. Isobel managed to get a possible work experience placement with the vaccines research group. Last but not least, Yahya ended the day on a high by saying that this was the best trip he'd been on..

Brian Cox Workshop

Over 50 students attended the Summer School Workshop on Tuesday 2nd and they were beautifully behaved. They enjoyed the amazing talks given by Brian Cox, about life on other planets and by Jo Foster about research opportunities for young budding scientists. The highlight of the workshop was Brian Cox answering Lily Pingueiro's (year 8) and Amanda Sinkviciute's (year 9) question about the best part of his job.



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Duke of Edinburgh Silver Award

Exciting news! We've successfully wrapped up our Duke of Edinburgh's Award (DofE) practice and assessed expeditions. It was amazing to see our participants show outstanding resilience, teamwork, and navigation skills as they tackled tough terrain. A big congratulations to everyone for their hard work and dedication in reaching this important milestone!



Duke of Edinburgh Bronze Award.

Congratulations, Bronze Group! You've demonstrated remarkable bravery and determination by completing your assessed expedition despite two challenging days of relentless rain. Your ability to push through the tough conditions and stay focused on your goals is truly inspiring. You've proven yourselves to be resilient and exceptional in the face of adversity.

Well done on this fantastic achievement!



British Sign Language Club

During the BSL club at Leytonstone School, students learned how to have basic conversations in British Sign Language. They practised meeting and greeting people, using numbers, discussing the weather, talking about transport, giving directions, and fingerspelling. The pupils developed essential BSL skills through interactive and fun activities in a supportive and engaging environment.



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Leytonstone School boxing Club

Pupils at the boxing club had the chance to attend after-school coaching sessions. They were helped with their boxing wraps and, after a brief warm-up, were taught the basics of stance, guard, striking, and technique by Jack Daly, a professional boxer and former pupil of our school who has trained with the East London Boxing Academy.



Congratulations to our winning team of the goIT TCS London Marathon Challenge!

Some of our year 9 students have shown impressive talent in the Creating an App Challenge. Louis Lennard, Martha Deen, Nian Beckles, Samuel Barker, and Samuel Mason-Caroll have worked hard to create an app encouraging young people to be physically active.

In recognition of their achievement, TCS is hosting a special event for them at the TCS Clubhouse this Saturday. They will be honoured with prizes and treated to a celebration featuring comfortable seating, delectable refreshments, and breathtaking views of the Mall and Buckingham Palace.

We are really proud of them and can't wait to see what else they will do!



Leytonstone Pottery Club

During the pottery club at Leytonstone School, students engaged in a comprehensive ceramic course. They began with foundational techniques like pinching and coiling and progressively introduced more advanced methods such as slab building and surface decoration. The students created various projects, including mugs, fruit-shaped pieces, and tea light holders. The club emphasised both the technical and creative aspects of pottery, guiding students through decorating with slip, making clay whistles, and glazing their works.



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Prague Trip

Ms. Martin led a trip to Prague as our international trip for this year. This was a huge success and pupils had the most amazing time. They were able to visit the Prague castle, take a river boat tour, climb Petrin Hill, visit the Communist bunker & museum and visit the old town. Thank you for all the members of staff who took the pupils and well done to all pupils who attended. Can't wait to see where we go next year!



Y9 SMILEing boys

This academic year we have had the privilege of a return visit from Kay Rufai from January until April. The SMILEing Boys project aims to raise the aspirations and promote a sense of community and belonging in our Year 9 male cohort. The 12-week workshop course looked at self-awareness, image in context, trust, ambition and black culture. In the twelfth week the boys had their photographs taken professionally that we shall have proudly adorned in the school next year. In June we also had a wonderfully attended and successful celebration event whereby the portraits of our SMILEing boys were displayed for families and videos of the whole process shown. It truly was an inspirational celebration evening and we look forward to inviting Kay back in to work with another cohort in 2025!



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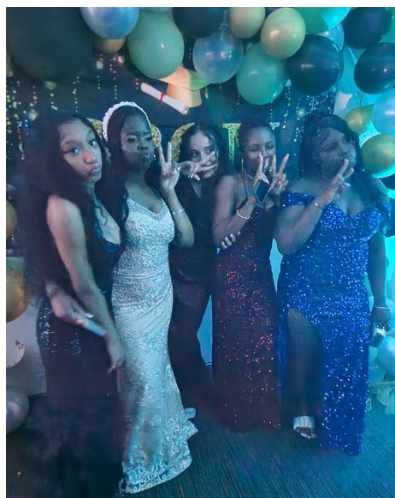
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Y11 Prom

We had the best night celebrating our Y11s leaving Leytonstone by hosting our annual Y11 prom. This year it was at Leyton Orient and pupils had the most amazing time. Thank you to the PTSA for their help and support with the set up of the event.



Sports Day

On Friday 19th July, we held our annual Sports Day. Even though it was the hottest day of the year, all year groups were fantastic in their behaviour and attitude.

Huge thank you to the PE Department for hosting another amazing day for our pupils.

Well done to all those who took part and our winners as well!

Epping Forest Trip—Pupil Parliament

On Wednesday 10th July 18 students from our Pupil Parliament went on a guided and sponsored 5km walk around Epping Forest with a representative from the Epping Forest Heritage Trust to raise money for the charity. During the walk the students learnt about the different types of trees and animals the forest has and the work the Epping Forest Heritage Trust does. They also learnt some history about the forest including some of the ancient trees that have stood for thousands of years and visiting the site that used to be home to a fort that was used as a hideaway by infamous highwayman Dick Turpin! The students enjoyed being in nature and learning some local history.



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Year 8 Talk the Talk Oracy Workshop

60 Year 8s participated in the Talk the Talk oracy skills workshop. This was organised in order to support Year 8 with improving their self-expression, interpersonal and public speaking skills. Throughout a range of activities each and every one of them made progress. Some standouts from each day were:

Monday: Leke Falade (8W); Jamaal Burke (8M); Kseniia Chernevych (8L)

Tuesday: Elim Parker Dos Santos (8R); Sienna Archer (8R); Anderi



Pride Events

During the month of Pride, several pupils from our school attended the Pride event at Kelmscott School which we held last year. It was a fantastic event with pupils creating pieces of art on tote bags around slogans for Pride.

Ms. Kenward also hosted a Pride event at Leytonstone School for all pupils. This was a huge success and very well attended.



RE:Solve

In May we invested in an organisation called Catalyst in Communities who were invited into the school to work with 20 of our young people from Key Stage 3 with a view to promote and encourage self-development and leadership. The coaching workshops lasted for 3 days and these were followed by a weekend residential in Amersham where various team-work based tasks were completed and further coaching and mentoring provided. We had a very successful celebration event in June whereby our RE:Solve cohort video was shown that demonstrated just how powerful the mentoring and residential programme had been. We are working hard at the moment to bring Robin Lockhart and Bob Singh back into school in 2025 to continue their very valuable work.



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Jamie's Farm residential trip to Wales

Eight of our Year 8 pupils and three staff members embarked on the adventure at the Welsh Farm. Apart from getting their hands and feet dirty whilst completing a range of farm duties, livestock care and cooking, the residential initiative was designed to promote the young people's personal and social growth. There are numerous pictures and personalised certificates which are the testimony of that. Our farmers navigated difficulties outside their comfort zone, worked in teams and engaged in mentoring relationships - all of it whilst on a smartphone-detox for the week.



Y10 Stubbers Trip

A couple of weekends ago year 10 and an eager group of staff visited Stubbers Adventure Centre for a fun filled weekend. This long awaited trip didn't disappoint. The weekend was set to be a success from the start; aside from the glorious weather, Leytonstone had the whole site to themselves with full use of the games and dance tents!

The weekend was packed full of activities; the paddle boarding and raft building were definitely the highlights. Abseiling and axe throwing (!) were huge amounts of fun. It was great to see pupils overcome their fear of heights on the 'leap of faith' - I think the most sacred person was Mr Leitch but he managed it!

The pupils were exemplary in terms of their behaviour; they cleared away after mealtimes, supported and encouraged each other with all activities, tidied their tents and bedtimes weren't too bad! The stubbers team commented on what a super group they had been - and the Leytonstone staff agreed.

I came away from the weekend feeling very lucky to be part of the year 10 team - what a supportive, kind and caring, determined and brave group of individuals you are Year 10....here's to Year 11!

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All things sports

In the Summer term our extra curricular sports focus on Athletics and Cricket. A lot of the summer term was affected by rain so playing cricket games was quite tricky. However the Year 7 and 10 teams both managed to qualify for the semi-finals of the borough competitions. The Year 7 team unfortunately were beaten by Willowfield and the Year 10 lost to Lammas in a very close. The one of the highlights though was Jack Gillman's 50 not out against George Mitchell.

In June there was the Borough Athletics Championships. We took a team of over 30 athletes to Lee Valley Athletics Centre on a very hot day. There were lots of standout performances from the students who won medals in variety of events. We hope to build on this success next year and bring home even more medals.

Year 7

Boys Relay - Bronze. Josiah Baptiste, Rafe Roche, Miles Ojelabi, Frankie Whitcombe

Boys Triple Jump - Silver. Jackson Selby

Boys High Jump - Bosley Knowles

Year 8

Girls Long Jump - Bronze. Ida Fortescue

Year 9

Girls 800m - Silver. Lucy Ince

Boys 100m - Silver. Tyler Essen

Year 10

Boys Relay - Bronze. Jamil Rhidiwan, Jamael John-Baptiste, Aman Butt, Ayoub Laouar.

Boys Javelin - Silver. Ju'kiah Thomas

Boys High Jump - Gold. Alex Lee

Boys Long Jump - Bronze. Jamael John-Baptiste.

As always we are very proud of all our students and would like to thank them for their efforts throughout the year in all the different sporting activities. We wish them a great summer and even more success next academic year.



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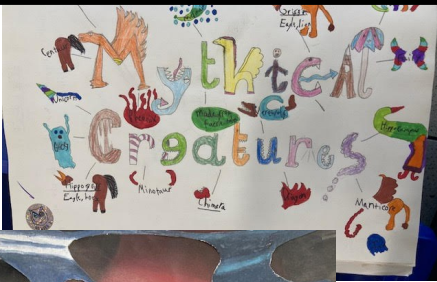
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Year 7 have been learning about 'Creative Creatures', with a focus on both contemporary and traditional artists such as Da Vinci and Damien Hirst.

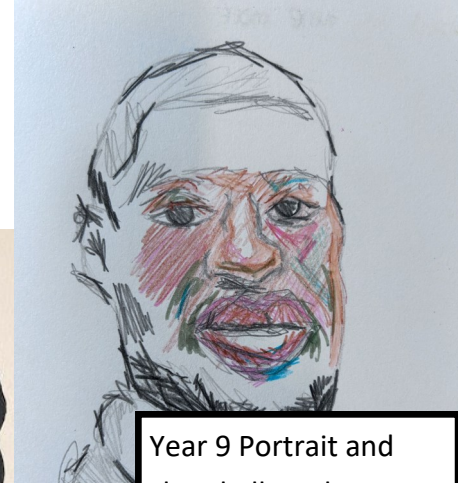
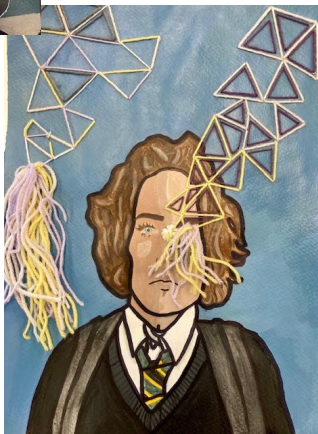
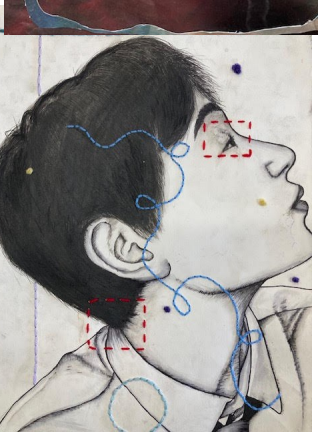
They have drawn with ink pen and explored mythical creatures to make their own ceramic monsters.



Year 8 have completed an animation project this term. 40 students took part in an animation workshop with animator Lamide Olusegun. Student learnt about his career and how to create characters and stop frame animation.



Key Stage 3 & 4 Art



Year 9 Portrait and clay skull work.

Year 10 GCSE artists had their 10 hour mock exam in July. Their work was in response the theme of 'Portrait and Identity'. I'm sure you'll agree, they are going some very interesting and exciting work



PTSA - Goodbye Claire!

As Claire steps down from her role as PTSA Chair, we want to say a HUGE thank you and express our gratitude for her incredible dedication and hard work over the past three years. Under her leadership, we raised an impressive £25,000+ which has significantly enriched our school environment. These funds have enabled us to resurface the stage, purchase beautiful new stage curtains, hall blinds, and provide a legacy Year 11 prom fund of £500. Additionally, we were able to enhance our Geography, MFL, and Science departments with lots of new resources, acquire an industrial heat press for the Textile Department, furnish the councillors' room, and purchase 10 new Chromebooks.

These funds were raised through a variety of community events, including: themed, fun-filled quizzes, supported preloved uniform sales, raffles, food and drinks sales at the pantomime, summer show, and awards evenings, as well as sponsorship boards from Theydons. These events have not only contributed to raising much needed additional finances / resources but just as importantly, they have fostered a sense of community and connection amongst families whilst providing memorable and fun experiences for many!

Beyond the tangible benefits of fundraising, Claire and the other volunteers have been instrumental in supporting families, helping them connect with the school and each other and welcoming new families into our community. The informative and constructive Leytonstone PTSA WhatsApp group is another testament to her efforts in fostering communication and inclusivity.

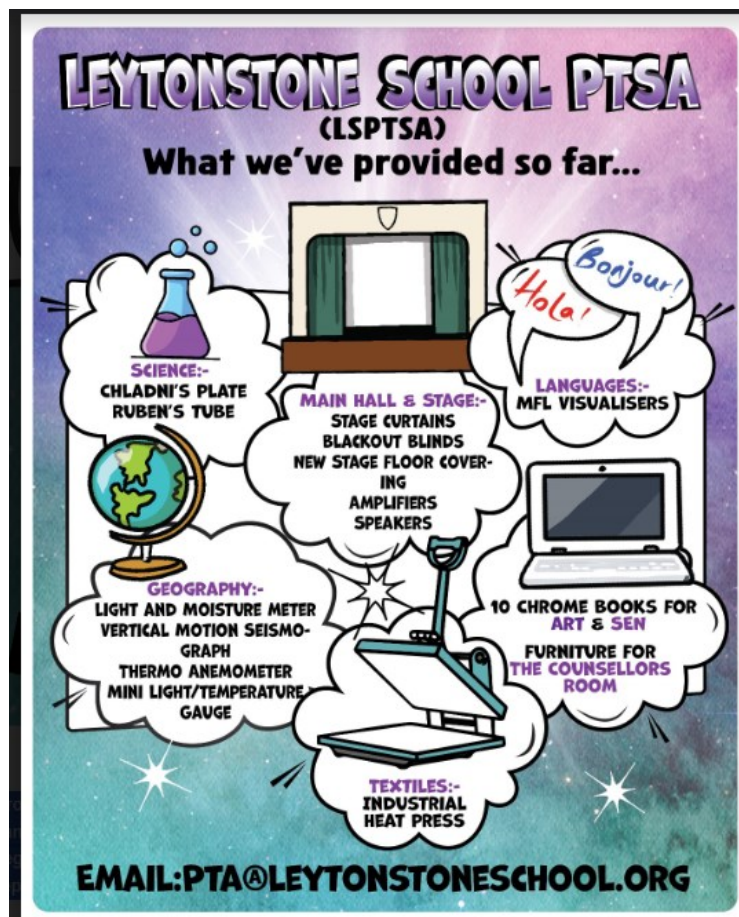
We are very grateful for her passion, persistence, superb organisational and delegating skills and the fun and friendly way she has managed everything. We thank her for valuing and respecting all involved and for leaving a lasting legacy at our school.

Going forwards, in order for this amazing work to continue and for all children to receive these kinds of wonderful benefits (above), we are seeking people to lead on events with the support of other PTSA volunteers. We also ask that as many of the school community as possible step up and get involved, by giving just an hour or 2 of their time. We all lead busy lives but as Claire and others involved will testify - the enrichment of giving a little back and making a difference, whilst having fun with others in the school community, really does make it all worth while!

CONTACT: PTA@LEYTONSTONESCHOOL.ORG to help.

Claire you will be much missed and we wish you well in the future

The PTSA / School Community.



Support and Activities from the local authority.

SUMMER CAMPS, ACTIVITIES AND CLUBS



Holiday Activity and Food Programme (HAF)

Waltham Forest holiday activity and food programme (HAF) for 5 to 16 year old's



Lloyds Park Summer Activities

Support groups, soft play, wellness sessions, parent clubs and more across Walthamstow, Chingford, Leytonstone and Leyton.



Leaside Summer Activity Club

Funded activities for children on free school meals 5th-8th and 12th -15th



JAM Activity Camps

Multi-sports, football clubs, netball academy and so on



Parkside Community Centre Summer Camp

Multi-sports, football clubs, netball academy and so on



Discover your summer - LBWF

This summer, explore and discover what your borough has to offer - free events and activities to art trails, exhibitions and the great outdoors - there is something for everyone.



INCLUSIVE ACTIVITIES



All ability cycling clubs

All-Ability Clubs are designed for people with physical, sensory or learning disabilities, people with health conditions and carers, to enjoy cycling by accessing an exciting range of adapted cycles. Including tricycles, side-by-side cycles, wheelchair-platform cycles and recumbents.



The Together Space

A place for disabled & non-disabled children, young people and their families to comfortably play, exercise, socialise & relax together. Summer holiday sessions at Higham Hill Hub, Big Penny Social and so on.



Oscar Murillo - The Flooded Garden



Dive into the joy of painting at Tate Modern's Turbine Hall 20th July to 26th August. Every Tuesday 10.30-11.30 there is a relaxed hour session, primarily for neurodivergent children and adults, and any other visitors with sensory needs who prefer a more relaxed experience.



Quest Learn Summer Scheme

Core learning activities in the morning focusing on supporting learners to retain and reflect on prior knowledge and also will introduce suitable new concepts from their upcoming academic year. Learning through adventure in the mornings and exciting activities in the afternoon including art, magic and treasure hunts!



The Hive - Summer Activities in Epping Forest

Storytelling, bushcraft mornings, animal discovery, pond dipping and more!



Laburnum Boat Club

Open access and inclusive activities for young people aged 9 - 19 at Laburnum Boating Club, Hackney. If your child receives Free School Meals they can attend for free and receive lunch. You may need to provide proof that you're eligible.



PLACES WHERE KIDS EAT FOR FREE (OR FOR £1)



LAS IGUANAS

Join 'My Las Iguanas' via the App & Niños eat free with every adult main

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

SAINSBURY'S CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase an adult's main meal (App needed)

PUREZZA

Children under the age of 10 get free pizza at Purezza with every adult meal purchased

TRAVELodge & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

IKEA

Kids get a meal from 95p daily from 11am

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

BEEFEATER & BREWERS FAYDE

Two children under 16 can get a free breakfast every day with one paying adult!

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

TESCO CAFES

1 Free Kids meal with every 60p Spend. Available from July 1st Scotland and NI - from July 22nd England & Wales

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

YO! SUSHI

From Monday 1st July - Friday 30th August 2024, kids eat free all day Mondays to Fridays at YO! Sushi (min adult spend £10).

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

COCONUT TREE

One child (aged 10 and under) eats free per paying adult. Valid Daily, 12pm - 6pm from Monday 22nd July to Friday 6th Sept 2024.

DOBBIES GARDEN CENTRES

At Dobbies, for every adult breakfast or lunch purchase, kids eat for FREE. Every Day!

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

HUNGRY HORSE

Kids eat for £1 on Mondays

FUTURE INNS

Under 5s eat for free with any adult meal.

ACCESSING SUPPORT

Click on the circles or scan QR codes to find out more!

National Bullying Helpline

Tel: 0300 323 0169



Childline

Tel: 0800 1111



NEFT Crisis Helpline

Tel: 0800 995 1000



Kooth Free, safe and anonymous support



PAPYRUS (Suicide prevention)

Tel: 0800 068 4141



Samaritans

Tel: 116 123



Shout

TEXT 85258



Other support in Waltham Forest

