

# A2: SOCIAL CARE SERVICES

Social care services for children and young people		Meeting individual needs	
<b>Foster care</b>	Full-time care in family homes where children are looked after by adults who are not relatives, whilst they are temporarily unable to live with their own families.	<ul style="list-style-type: none"> <li>• Providing a safe and secure environment</li> <li>• Meeting basic needs, such as providing food, shelter, clothing and medical care</li> <li>• Providing emotional support</li> </ul>	<ul style="list-style-type: none"> <li>• Helping to develop social skills</li> <li>• Advocating for educational and developmental needs</li> <li>• Ensuring that the children in their care attend school</li> </ul>
<b>Residential care</b>	Accommodation for children who cannot live with their own families. Children in residential homes live in a group setting with other children and are cared for by trained staff.	<ul style="list-style-type: none"> <li>• Providing a safe and secure environment</li> <li>• Meeting basic needs, such as providing food, shelter, clothing and medical care</li> <li>• Providing emotional support</li> </ul>	<ul style="list-style-type: none"> <li>• Helping develop social skills</li> <li>• Helping develop positive relationships with others, building self-esteem, and teaching life skills that will help them succeed as adults</li> </ul>
<b>Youth work</b>	Youth workers work with children and young people in a range of settings, such as youth clubs, community centres and schools, to support their personal and social development.	<ul style="list-style-type: none"> <li>• Providing a safe and supportive environment for young people to spend their time</li> <li>• Providing opportunities for children and young people to engage in activities such as sports, music, crafts and volunteering, that can help with personal development, confidence and self-esteem</li> <li>• Promoting positive relationships with others</li> <li>• Helping develop important life skills, such as communication, problem-solving and decision-making</li> </ul>	
Social care services for children and adults with specific needs and older adults		Meeting individual needs	
<b>Residential care</b>	Full time accommodation providing care and support for individuals unable to live in their own homes due to older age and frailty, chronic illness, physical impairment, mental ill health or learning disabilities.	<ul style="list-style-type: none"> <li>• Providing a safe and supportive environment</li> <li>• Catering for individuals' nutritional needs</li> <li>• Providing individual care and assistance to maximise service users' quality of life via personalised care plans</li> <li>• Support with daily tasks, such as personal care and medication management</li> </ul>	<ul style="list-style-type: none"> <li>• Providing opportunities for socialising and community involvement</li> <li>• Regular observations by care staff</li> <li>• Care ranging from light support to 24-hour care depending on the service user's needs</li> </ul>
<b>Respite care</b>	Temporary or short-term care provided to individuals with disabilities, chronic illnesses, or other conditions that require ongoing care and support. Respite care is designed to provide additional care to service users and a rest to family members who may need a break from their caring role. Respite care can be provided in various settings, such as in the home of the person receiving care, a residential care facility, or a specialised respite centre.	<ul style="list-style-type: none"> <li>• Providing a safe and supportive environment</li> <li>• Catering for individuals' nutritional needs</li> <li>• Assistance with day-to-day activities including personal care, medication management, meal preparation and transportation</li> </ul>	<ul style="list-style-type: none"> <li>• Providing opportunities to participate in new activities and socialise with others, which can help to improve their quality of life</li> <li>• Care ranging from light support to 24-hour care depending on the service user's needs</li> </ul>
<b>Domiciliary care</b>	Care provided to individuals with specific needs or older adults in their own homes, to support with a range of day-to-day activities.	<ul style="list-style-type: none"> <li>• Providing personal care</li> <li>• Assisting with household tasks, such as cooking, cleaning and laundry</li> <li>• Providing company to individuals who may otherwise suffer from isolation</li> </ul>	<ul style="list-style-type: none"> <li>• Support, including providing transportation and helping with shopping</li> <li>• Accompanying service users to activities and events</li> <li>• Providing individualised care to help individuals to achieve greater independence, maintain their dignity and improve their quality of life</li> </ul>

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Outline the features of each service and then list ways the service will meet individual needs

<b>Social care services for children and young people</b>		<b>Meeting individual needs</b>
<b>Foster care</b>		
<b>Residential care</b>		
<b>Youth work</b>		
<b>Social care services for children and adults with specific needs and older adults</b>		<b>Meeting individual needs</b>
<b>Residential care</b>		
<b>Respite care</b>		
<b>Domiciliary care</b>		

# A2: SOCIAL CARE SERVICES

## Voluntary and informal care

Services provided by the voluntary sector	Meeting individual needs				
<b>Personal and social development</b>	Development of social skills, motivation and self-confidence by providing: <ul style="list-style-type: none"> <li>• Opportunities for volunteering in the community</li> <li>• Outdoor activities</li> <li>• Skills building programmes</li> <li>• Educational and work-related courses to help with employability</li> </ul>				
<b>Practical help</b>	Providing face-to-face support for individual needs including: <ul style="list-style-type: none"> <li>• First aid training</li> <li>• Housing</li> <li>• Lifestyle advice</li> <li>• Medical supplies and equipment</li> <li>• Support for children leaving care, such as budgeting and meal planning</li> <li>• Mobility aid provision</li> <li>• Adaptations for homes</li> <li>• Transportation</li> <li>• Support with benefit applications and completing other official forms</li> <li>• IT access</li> <li>• Home support such as cleaning, gardening and DIY</li> <li>• Grants and loans</li> <li>• Food and clothing banks</li> </ul>				
<b>Wellbeing support</b>	Providing face-to-face support for individual needs including: <ul style="list-style-type: none"> <li>• Counselling and therapies</li> <li>• Signposting specialised services</li> <li>• Advocacy services</li> </ul>				
<b>Advice and guidance</b>	Providing advice about a range of issues which could affect service users: <ul style="list-style-type: none"> <li>• Legal advice</li> <li>• Medical advice</li> <li>• Financial advice</li> <li>• Advice for carers and parents on adapting to change</li> </ul>				
<b>Support groups</b>	Groups that individuals can get involved with on a face-to-face basis: <ul style="list-style-type: none"> <li>• Self-help groups</li> <li>• Craft and activity sessions in community centres</li> <li>• Friendship groups</li> <li>• Social activities</li> </ul>				
<b>Informal care</b>	<table border="0"> <tr> <td>                     Help with household chores:                     <ul style="list-style-type: none"> <li>• gardening</li> <li>• cleaning</li> </ul> </td> <td> <ul style="list-style-type: none"> <li>• cooking</li> <li>• shopping</li> </ul> </td> <td>                     Help with transportation:                     <ul style="list-style-type: none"> <li>• lifts to appointments</li> <li>• car sharing to access services e.g. shops</li> </ul> </td> <td>                     Help with childcare:                     <ul style="list-style-type: none"> <li>• school runs</li> <li>• babysitting</li> </ul> </td> </tr> </table>	Help with household chores: <ul style="list-style-type: none"> <li>• gardening</li> <li>• cleaning</li> </ul>	<ul style="list-style-type: none"> <li>• cooking</li> <li>• shopping</li> </ul>	Help with transportation: <ul style="list-style-type: none"> <li>• lifts to appointments</li> <li>• car sharing to access services e.g. shops</li> </ul>	Help with childcare: <ul style="list-style-type: none"> <li>• school runs</li> <li>• babysitting</li> </ul>
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**Service users may access all three types of care to ensure that their social care needs are met.**

Social Care	Voluntary Care	Informal Care
Social care services provide support with day-to-day activities, required due to illness, vulnerability or disability.	These are services that are classed as charities and are funded by a mixture of donations and grants. Workers for such organisations are trained to provide care and support and may be either paid workers or volunteers.	This is unpaid support which is usually offered alongside professional help. Those providing this care could be partners, family, neighbours and friends.

# A2: SOCIAL CARE SERVICES

## Voluntary and informal care

For each service, make a list of ways the service can meet individual needs

Services provided by the voluntary sector	Meeting individual needs
<b>Personal and social development</b>	
<b>Practical help</b>	
<b>Wellbeing support</b>	
<b>Advice and guidance</b>	
<b>Support groups</b>	
<b>Informal care</b>	

**Service users may access all three types of care to ensure that their social care needs are met.**

Define these key terms

<b>Social Care</b>	<b>Voluntary Care</b>	<b>Informal Care</b>
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# A2: SOCIAL CARE SERVICES

**Imran is 25 years old and has recently become a wheelchair user after being paralysed from the waist down in a motorcycle accident.**

## Apply it: Social Care

**How can social care services meet the specific needs of Imran who has a physical disability?**

In a residential care home, Imran can receive assistance with personal care tasks from trained staff who are available 24/7. Residential care homes are also designed to be fully accessible for people with mobility issues. This would be ideal in the first instance as Imran may need support with all aspects of his day, whilst he adapts to his life-changing injuries. Residential care staff can help Imran manage his medications, including ensuring he takes them on time and in the correct dosage. They can also take observations such as checking blood pressure, which is important for ensuring his care plan is correct. In residential care, Imran can receive healthy, nutritious meals prepared by trained staff, which can help ensure he is getting the proper nutrition he needs. Socially, a care home can offer a range of social activities and events that can help Imran feel less isolated and for him to engage in some fun and meaningful activities. This is important to someone who is still young and craving social interaction daily. Living in a residential care home can provide Imran with a safe and secure environment, day and night, whilst he adjusts to his new circumstances. This might be a good choice for Imran whilst his home is being adapted to his needs.

However, Imran is still a young man and independence is important to him. If Imran can return to live in his own home, then domiciliary care may be better for him. Domiciliary care providers can assist Imran with personal care tasks such as bathing and dressing at key parts of the day such as when he gets up and goes to bed. Home care services provide help with household tasks such as cleaning, laundry, and grocery shopping. This can help Imran maintain a clean and tidy home and ensure he has access to healthy food. Home care professionals can help Imran manage his medications, including reminding him to take them on time and ensuring he has a sufficient supply. Having a visit from a home care professional every day can provide companionship and social support to Imran, which can help reduce feelings of isolation and loneliness. By being able to live in his own home, Imran will feel empowered by his independence.

## Apply it: Voluntary Care

**How can voluntary care services meet the specific needs of Imran who has a physical disability?**

At the age of 25, Imran will still have many life goals. Charities and voluntary care services can provide Imran with a range of valuable support services and resources that can help him maintain his independence, improve his quality of life, and achieve his goals.

Imran can connect with other individuals who have experienced a similar injury or disability by getting involved with disability charities. This will provide him with an opportunity to receive emotional support and advice from those who have gone through similar experiences. It could also empower him to cope with his life-changing injuries and motivate him by their stories of success.

Voluntary care services can provide Imran with information and advice on a range of topics related to his disability, including access to benefits, equipment, and other resources. In addition to this, they can advocate on Imran's behalf, helping him access the services and support he needs to live independently and achieve his goals.

Some charities may provide funds to support Imran's needs, such as purchasing assistive technology and mobility aids or modifying his home to make it more accessible and provide him with as much independence as possible. This will meet his practical needs on a day-to-day basis but also support his emotional needs by giving him dignity. Voluntary care workers can also provide Imran with practical support with day-to-day activities by volunteering their time to help with tasks such as grocery shopping, gardening, or companionship.

## Apply it: Informal Care

**How can informal care services meet the specific needs of Imran who has a physical disability?**

Family and friends are an important part of the emotional support that Imran will need as he comes to terms with his injuries and begins to cope with the physical and emotional challenges of his disability. They can be there to listen, offer words of encouragement, and provide a source of comfort. They can also provide vital practical support for Imran to be able to continue to live independently in his own home by helping with tasks such as transportation, grocery shopping, meal preparation, and cleaning.

Family and friends can help Imran modify his home to make it more accessible, such as installing ramps and grab bars. They can also advocate on Imran's behalf to ensure that he is treated with dignity and can achieve his goals in life including gaining access to the services and support he needs to live independently.

At Imran's life stage his social life is important to him. It is vital that family and friends help Imran stay socially connected, ensuring he does not feel excluded, by inviting him to social gatherings and events.



# A2: SOCIAL CARE SERVICES

**Imran is 25 years old and has recently become a wheelchair user after being paralysed from the waist down in a motorcycle accident.**

**Apply it:**

Write three paragraphs on: **How can social care services meet the specific needs of Imran who has a physical disability?**

**Apply it:**

Write three paragraphs on: **How can voluntary care services meet the specific needs of Imran who has a physical disability?**

**Apply it:**

Write three paragraphs on: **How can informal care services meet the specific needs of Imran who has a physical disability?**