



North East Safer Schools

Newsletter

Welcome to the 2nd issue of the Schools, we hope you are all keeping safe and well.
The information within the newsletter is relevant to those parents/guardians with children in both Primary and Secondary schools therefore trust your personal judgement on what you feel will be relevant information to share with your child.

Gummies – Cannabis induced sweets

'Several' schoolchildren are rushed to hospital after eating gummy sweets laced with CANNABIS as police issue urgent warning to parents in south London – Mail Online July 2021

Warning as school children rushed to hospital after eating sweets laced with cannabis – Daily Express 'March 21'

Several children rushed to hospital after eating sweets laced with cannabis – Metro – March 21



Parents - please be aware



Police: 999 in an emergency, 101 non emergency
Crimestoppers: 0800 555 111 www.crimestoppers-uk.org
Childline: 0800 1111 www.childline.org.uk Fearless.org Fearless.org



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The issue

- Edibles take between 1-3 hours to have an effect because food is absorbed into the bloodstream through the liver.
 - Because it takes longer, the user may end up consuming larger amounts of the drug while thinking the drug isn't working.
 - Overdosing with Edibles can be a greater risk because of this.
 - Hospitalisation due to overdosing on Edibles is the reality of consuming these sweets.
 - **THC** is the main psychoactive compound in cannabis that produces the high sensation.
 - It can be consumed by smoking cannabis.
 - It's also available in oils, edibles, dropper bottles, capsules, and more.
 - THC is **illegal** in any form/ quantity
 - THC is what we most commonly see in Edibles, these manufactures of the THC edibles are unregulated and cannot accurately account for how much THC is in each sweet.
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Kooth is a free, safe and anonymous space for young people to receive counselling and mental health support. Kooth is commissioned across the majority of England and Wales for young people to access mental health and wellbeing support. Users can speak to a counsellor online, weekdays 12pm to 10pm and on weekends 6pm to 10pm, 365 days a year. On the site, young people can track how they are feeling with a daily journal, speak to a counsellor with no referral, or engage with our online mental health community through a variety of tools.

To access free mental health support visit www.Kooth.com.



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E-SCOOTERS AND THE LAW

E-SCOOTERS AND THE LAW

What is the law on e-scooters?

Currently in the UK, you can legally buy an e-scooter, but you cannot ride it on a public road, cycle lane or pavement. The only place it can be used is on private land.

The reason for this is that e-scooters are treated as motor vehicles by the Department of Transport and are subject to the same legal requirement as other vehicles, such as MOT, licencing, tax and insurance. Because they don't always have number plates, signalling ability or visible rear lights, they cannot be used legally on the roads.

What happens if I am stopped by the police?

The police will advise you on the law and may ask you to take your e-scooter home. They may, however, still penalise you depending on the seriousness of the offence. If caught riding an e-scooter, fines you may receive can include:

- a Fixed Penalty Notice for no insurance, with a £300 fine and six penalty points
- a Fixed Penalty Notice for no driving licence, up to £100 fine and three-six penalty points

Other offences which may result in penalties include riding on the footpath, using a mobile phone, riding through red lights and drink driving offences.

To find out more, visit www.met.police.uk/e-scooters



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PROJECT ZERO

SUMMER 21 HOLIDAY PROGRAM

ENGAGING YOUNG PEOPLE IN POSITIVE
ACTIVITIES.
FREE
8-16 YRS

9.30AM - 3.30PM
EACH DAY

WEEK 1: 2ND-6TH AUG
WEEK 2: 9TH-13TH AUG
WEEK 3: 16TH-20TH AUG



VISIT OUR WEBSITE TO REGISTER

MULTI-SPORTS
GAMING / TECH LOUNGE
CREATIVE ARTS
MUSIC PRODUCTION
FASHION
AND MUCH MORE:

THE OUTSET CENTRE COMMUNITY YOUTH HUB

2A Grange road
walthamstow, E17 8AH

0208 521 1777

email:
info@projectzerowf.co.uk
www.projectzerowf.co.uk

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Thinking of a Career in the police.....

**POLICE CONSTABLE
DEGREE APPRENTICESHIP**

**DO THE JOB
WHERE ANYTHING
IS POSSIBLE**

The Met's Police Constable Degree Apprenticeship combines on the job learning with working towards a fully-funded degree, all whilst earning a competitive salary and making a difference to London communities.

 **METROPOLITAN
POLICE**



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Police Constable Degree Apprenticeship

Do the job that prepares and empowers you to take on the unique challenges of policing London.

- You'll begin your three year programme at one of four universities; Brunel University, the University of West London, Anglia Ruskin University and the University of East London.
- You'll be a paid officer from day one of training, working alongside experienced officers in an operational role practically applying your learning throughout.
- You'll gain skills and knowledge in areas such as public protection, safeguarding, crime investigation, community policing, problem solving as well as officer safety.
- You'll complete a research project in your chosen specialist area focused on a real practical policing problem.
- All while working towards a fully-funded BSc (Hons) degree in Professional Policing Practice.

Do the job that comes with great rewards.

Earn whilst you learn. You'll start with a salary package of circa £30,000 (including allowances). Your salary increases annually in line with your length of service and you can expect to earn up to £47,000 (including allowances).

Joining the Met as a new Police Constable is just the beginning of your journey. Whatever your interests, there are so many opportunities to specialise in countless areas of policing and develop your career.

To be eligible to join this programme you will need:

- GCSE grade C, or 4 or above, in English and Maths (or equivalent level 2 qualifications). If you don't already hold a level 2 qualification in maths we'll support you to achieve this.

Plus any **one** of the following:

- 64 UCAS points (search UCAS tariff calculator).
- An academic or vocational qualification gained outside England and Wales equivalent to 64 UCAS points.
- Training or work experience equivalent to 64 UCAS points.

For more information on our entry routes, including our Degree Holder Entry Programme, and to apply visit [met.police.uk/NewPCs](https://www.met.police.uk/NewPCs).

<https://www.met.police.uk/car/careers/met/police-officer-roles/>